

COVID-19 Guidelines

In order to ensure the safety of our athletes and the greater ConVal community, the following measures will be implemented:

- All school district and athletic department COVID-19 protocols will be reviewed with the coaching staff during the required pre-season meeting, and with each team on the first day of practice.
- Each team will appoint a COVID-19 safety monitor who will be responsible for making sure that the athletes are following COVID-19 protocols during practices and games. This person will be at least 16 years of age and a district designated volunteer.
- All coaches, athletes, and game officials will be screened for symptoms of COVID-19 prior to every practice or contest. Coaches are responsible for self-screening as well as screening their athletes. The game administrator will screen game officials. Screening will include a temperature check.
- When not directly participating in practices or contests, team members and coaches shall maintain a minimum distance of 3 feet.
- All staff and athletes must wear a face covering over their nose and mouth, both during practices and competitions.
- Athletes and coaches shall abide by any and all guidelines as established by the state and school district
- Coaches will sanitize all equipment in between practices and athlete usage on the field.
- Athletes cannot share water bottles or food.

Important Note: All transportation is the responsibility of the family. There will be no late buses or transportation provided to/from games or meets.

Parent/Guardian Signature: _____ **Date:** _____