

April 7, 2021

Dear Parents,

My name is Tod Silegy and I am the Athletic Director at South Meadow School. This letter is to inform you about 2021 BB, SB, and Running Club/Track and Field team Try Outs at SMS, that was just approved by the SAU #1 School Board Tuesday.

Try Outs for Running Club/Track and Field, Softball, and Baseball will start MONDAY, April 19, @ 2:30-4:00 outside and on the athletic fields of SMS.

Try outs are for any SMS student in grades 6th, 7th, and 8th. There will be cuts for SB and BB, depending on how many students try out.

There will be no cuts for the Running/Track and Field Team.

Try outs for SB and BB will continue through April 22.

Once the SB and BB teams are made there will be three to four practices each week. There will be no practice on Fridays. Practice for the Running/Track and Field team will be on Monday and Wednesday only. All practices for all teams start at 2:30 and end at 4:00.

There will be no late bus, so parents must make arrangements or pick up their child at 4:00 in the Upper Back Parking Lot of SMS each day of practice. Please do not collect your child out front. This same practice is also for the first week of sports starting April 19.

Please do not purchase any equipment for your child for SB or BB until the teams are made.

All players must dress appropriately for outdoor try outs and practices.

Sneakers, shorts or sweat pants, t shirt or sweat shirt, baseball/softball glove.

Hats may be worn, but only outside. Full water bottles are a must. Players will not share and there will NO water on the fields. SMS does sponsor equipment for BB, SB and Running/T and F, but if you have your own already please bring with you on the first day April 19. For BB and SB this would be cleats, bats, helmets, gloves, catching equipment. If you do not have some of these items SMS can supply.

Running Club/Track and Field will train up on the hill overlooking the soccer and BB field. SB will practice on a makeshift all grass field opposite the BB field. We may also practice on the Con Val softball field at times. I will let you know when that will happen. BB will practice on the baseball field. At the end of each practice all athletes will go down to the upper back parking lot to be picked up by you.

When students are dismissed starting April 19, from SMS, they will leave from their respective pod exit and go to their respective field. There will no lockerooms available. Students will have to change clothes if needed before they leave SMS.

No athlete will be allowed to re-enter SMS after they leave for practice. Athletes will enforce the 3' social distancing requirement, wear masks at all times, sanitize their own equipment regularly as needed. SMS will issue sanitizer.

All athletes will be screened for symptoms of Covid 19 before each practice either by a safety monitor to be determined or their coach or assistant coach.

Please read and sign the Covid 19 Guidelines included in this package.

SMS BB and SB will not compete in the Tri County League this spring. Instead I

will make a small schedule with local teams including two games with our sister school GBS, hopeful at ConVal. I will get back to you on this when the teams are made. I also plan on having a Running/T and F meet at ConVal against GBS. I will get back to you on that as well. Please understand that parent and family attending games or meets will be limited.

Players must have in their respective coaches' possession a SMS Permission/ Emergency Information form and the Covid -19 guideline form by the first day of try outs. Students can hand them to their advisory teacher who will get them to me.

Once the teams are made Mr. Silegy will determine which players need to take the INITIAL CONCUSSION IMPACT TEST. Players will take this test during the day on their chrome books.

****PLEASE NOTE: all student athletes are required to have a physical exam within the last two years indicating that the student is cleared to fully participate in athletics. Please make sure that the school has a copy of your student's Universal Health Form or similar document from their provider.***

***Thank you,
Tod Silegy
SMS Athletic Director***

***Coaches:
Caleb Aho Baseball
Tod Silegy Softball
Nate Townsend T and F Field events Coach
TBA Running coach***