

Mrs. O'Bryant's Desk-

Newsletter #37

April 16, 2021



Important Dates:

- **April 16- Quarter 3 ends**
- **April 19- Quarter 4 begins.**
- **April 19- Spring Sports begin**
- **April 23- Early release 11:15am**

- **May 1- Last day to change the learning environment for the month of May.**
- **May 5- Viewing "Angst" 6-8pm (Please register using the link below)**
https://us02web.zoom.us/webinar/register/WN_SAAIq0TBQ6uldMSFN-XrcA

- **May 10- “Angst” to be shown to all students 7:30-9:00am
Parent permission necessary.(Click to give permission-
<https://forms.gle/TFvoYu9ytDBR2C7W9>**
- **May 24-27- NHSAS testing in person testing only.**
- **May 21 and 28- NH SAS testing for remote students.**
- **May 31- No School Memorial Day**
- **June 1- Last Day to change the learning platform for the year.**
- **June 17- Last day of School**

Dear SMS Families,

Happy Snow day! What a surprise for our students and staff.

Please be sure to read all the things that are happening at ConVal in the newsletter. Spring is always busy and we have made changes to the Friday schedule based on the Governor’s order.

First, I want to assure all of our students, parents and staff that even though some Covid practices have been relaxed by the Governor, we will not be changing any practices in the building.

- 1. We will continue to wear masks at all times.**
- 2. We will maintain social distancing**
- 3. We will follow the bathroom, hallway, lunch, recess protocols that have been in place.**

Second, Starting Friday, April 23 all Fridays will be early dismissal at 11:15am.

Students will have intervention/enrichment blocks with each of their classes.

Remote students will also remote into classes. Advisory /attendance will be at 7:20am. Students will be able to grab lunch to bring home before they leave at 11:15 am. Bus transportation will be provided at 11:15am.

All students who have chosen in-person learning are expected to attend in person Monday through Friday. Students who have chosen remote learning, will still remote into their classes Monday - Friday. There will not be an option for students to stay at school after 11:15am.

Friday Schedule:

(All blocks will be utilized for academic intervention, recovery, or enrichment)

Advisory	7:20 - 7:45
Block 1	7:45 - 8:20
Block 2	8:20 - 8:55
Block 3	8:55-9:30
Block 4	9:30-10:05
Block 5	10:05-10:40
Block 6	10:40-11:15
Dismissal with grab-and-go lunch	11:15

On Wednesdays, students will be able to sign up for a grab-and-go lunch that will be distributed as the students leave on Friday.

Thank you for your support throughout the year with our many changes based on guidance from the CDC and the Governor.

NHSAS Testing May 24-27 -

Each year, New Hampshire public and charter schools are required by state law (RSA 193-C) and federal accountability laws (Every Student Succeeds Act) to assess students using a standardized assessment. We utilize several assessments in order to comply with these requirements. The U.S. Department of Education is requiring states to administer the state summative assessments this year. For more details about our statewide assessments please visit the [Office of Assessment Website](#) or contact Melissa.White@doe.nh.gov.

We are working hard to coordinate the administration of the statewide assessments to ensure students have access to the assessments in a safe environment. The assessments must be taken in person. If a parent/guardian is not comfortable with having their child take the assessment in person, they can choose to exempt their child from participation. If you have questions about test administration at SMS, please contact the building principal. aobryant@conval.edu

SMS testing dates for in-person students

Monday, May 24, 2021 - Math -7:30-9:30am

Tuesday, May 25, 2021 - Reading-7:30-9:30am

Wednesday, May 26, 2021 - Writing-7:30-9:30am

Thursday, May 27, 2021 - Science (Grades 5 & 8 only)

SMS testing dates for remote students (location: SMS)

Thursday, May 21, 2021 - Reading & Writing- 8-12pm

Friday, May 28, 2021 - Math & Science- 8-12pm (Grades 5 & 8 only)

Exemption

Parents are allowed to exempt their child from participation in the statewide assessments (permitted in RSA 193-C:6). Parents must complete and submit an exemption form that is provided by the school. Please contact the office to receive a copy of the exemption form. Please understand that if you choose to exempt your child from the assessment, no scores or summary of individual student performance, based on the statewide assessment, will be provided for your child.

Results

Student results for the NH SAS are generally available immediately upon the student completing the test. The school will send a student's Individual Score Report (ISR) home before the end of the school year. If you prefer to see the results once your child has completed the NH SAS, please contact your child's teacher.

Practice Tests

Parents may access training tests for the NH SAS by going to the NHSAS assessment portal at:

<https://nh.portal.airast.org/training-tests.stml>.

ConVal School District - Sponsors the movie: "Angst"

Superintendent Kimberly Rizzo Saunders and Director of Student Services Cari Christian-Coates wish to invite ConVal Regional School District students and their families to attend the final webinar of the mental health trilogy next month.

Those who wish to attend will need to register in advance and can do so online [here](#).

"Knowing how to access tools and resources is a critical step in managing anxiety, and this film is an excellent way to identify where those exist in our community," Christian-Coates said. "We hope you will join us to learn more about anxiety and the ways you can support yourself, your friends and your children."

This is the final of three films that will be shown over the course of the 2020-21 school year. The first film, "The Upstanders", was shown in October for middle and high school students, and discussed resilience, attention, and the power of connection to end bullying and the brain science behind cyber-bullying, bullying among friends, families and co-workers. The second film, "Like", was shown in February and explored

the impact of social media on people's lives, the effects of technology on the brain and taught viewers how to self-regulate.

“We are proud to be able to offer these resources for families, especially during the pandemic where many of us are facing significant challenges that have taken a toll on our mental health,” Superintendent Rizzo Saunders said. “We hope you will join us for this important webinar to gather important information and resources for you and your family.”

1. May 5th-6-8pm (We encourage parents to view the movie with their children)- Register in advance
https://us02web.zoom.us/webinar/register/WN_SAAIq0TBQ6uldMSFN-XrcA
2. May 10th-7:45-9:00am there will be a school wide viewing of “Angst” at SMS with parent permission for all students. (Click on the link to give your child permission.) <https://forms.gle/TFvoYu9ytDBR2C7W9>

Spring Reminders:

Water Bottles- Students will need to bring at least two full bottles of water each day. (No Glass bottles- Students are not allowed to fill bottles up this year at the water fountains)

Dress Code- Students need to be dressed appropriately for school.

- No Spaghetti straps
- Shorts and skirts need to be as long as your hands by your side
- No midriff tops or backless shirts
- Parents will be asked to bring clothes to school if they need to change their clothes.

Cell Phones- Cell phones will be confiscated from students if teachers see them and they are sent to the office. After one warning parents will have to come pick up the phones at the end of the day.

Please check your child's digital devices including phones for inappropriate pictures. We have had some serious cases that have even become police matters, when inappropriate pictures are sent to/by students. Parents should know the passwords of all devices in order to help supervise their behavior.

NH Wiretapping Law – Is described under Chapter 570-A.

Safety Protocols- Masks, distancing, washing hands and bathroom procedures must be followed to maintain a safe environment at school.

Nurses' April Newsletter:

Please click on the link ,

<https://www.smores.com/egw6x>

Recess at SMS- Mrs. O'Bryant takes on the Jump rope challenge:



Green Pod Jump Rope Challenge



Purple Pod : Mrs. Decibus' grade 7 class Fishing Derby Winner:
Brayden Boice

Students in the Purple Pod Science class have been studying magnetism, electricity, and electromagnets. Their final project of the unit was to design and build an electromagnetic fishing pole and participate in a fishing derby where they fished for "paperclip" fish. Their fishing pole had to have a switch and an electromagnet. To get to this point, students had to determine three variables that they were going to test to create the best fishing pole they could. Students had one swipe over the pile of magnets to see how many they could attract. First place was Brayden Boice and second place went to Liam Webb.

SMS Support Counselor Hours: Fridays

Mrs. Evelyn, Student Support Counselor will be holding open office hours on Zoom on Fridays from 11:00-12:00 to help support parents and guardians with social & emotional concerns.

Meeting ID: 947 7386 7916

Passcode: rk5rN3

GSA Club- After School activity -

SMS is excited to offer a new (virtual) club to students. The GSA will meet every other Thursday at 4:00PM on zoom . The advisors are our counselors Judy Winters and Stephanie Smart. Here is their mission statement:

The GSA at SMS provides a safe and welcoming space for any student who wants to talk about issues related to sexual orientation or gender identity and expression. We will work to create a school community where all students feel welcomed and supported, and we will do this through a combination of social-support, advocacy and education. Everyone is welcome – regardless of identity.

The group will participate in a variety of activities including open chatting, targeted discussions, guest speakers, movies, team building activities, and eventually organizing school wide events.

Chromebooks- Students must use school devices for all class work.

- Students are expected to use school assigned Chromebooks for all school interactions.
- NWEA testing, relay classroom and security monitoring can only be done on school devices.
- Using school devices helps us keep our students safe from interacting with outside sources that are not secure.
- Teachers have the ability to monitor student progress during class when they are on school devices.
- If there is an issue with the school assigned Chromebooks, please put in a support ticket through technology. Enter Tech Ticket: <http://bit.ly/cvs>
- [dhelp](#)

Middle School Model Revision Reminder- Especially for students returning from remote to in person-

Reminders for In person students;

- Dress for lunch, recess and other opportunities to be outside. (Boots,hats,gloves etc.)
- Computers must be charged at home.
- Bring adequate water bottles for the day.
- Masks will be worn all day.
- Wash hands frequently.
- Follow all Covid Protocols for safety.
- Bring your own water bottles filled with water (2 recommended)
- Do not send students to school who are sick

Attendance - Remote or in-person learning will be the same procedure.

Parents must notify the school of a child's absence Remote or In-Person by 7:30am. When you report an absence you will have to report why your child is out sick. We have to track all absences for COVID purposes.

Attendance is taken in every class and remote students are expected to be on time for the sessions to get full credit for attendance.

Please note: In-Person students may not be remote for a day unless a parent has called them in to school sick . **The expectation is that in-person students will be at school for live instruction.**

All absences must be called or emailed in to the SMS office by parents before 7:30am.

- School number 924-7105 - leave a message
- Email- to report absences- sms- attendance@conval.edu
- Pick up Patrol

Remote students-

Chromebook cameras are expected to be on during classes unless there is an issue that the teacher has been informed about by a parent.

We have headphones to distribute to each of our remote students. You can call the office to pick them up for your children.

Please remind your children that no videotaping is allowed without teacher permission. It is a legal violation to videotape a teacher or student without permission. It would be another legal violation to post any recordings on-line.

NH Wiretapping Law – Is described under Chapter 570-A.

This is the school schedule for Both Remote and In-Person Students-

Start	End		Mat h	LA	Sci	SS	UA1	UA2
7:20:00 AM	7:45:00 AM	Advisory	Advisory					
7:45:00 AM	8:10:00 AM	Intervention	Intervention					
8:13:00 AM	9:03:00 AM	Block1	8	plannin g	7	plannin g	6	5
9:06:00 AM	9:56:00 AM	Block2	Plan ning	8	plannin g	7	5	6
9:59:00 AM	10:49:00 AM	Block3	6	7	8	5	plannin g	plannin g
10:52:00 AM	11:42:00 AM	Block4	5	plannin g	6	plannin g	7	8
11:45:00 AM	12:10:00 PM	Lunch /Recess	Lunch Pods 1 & 2			Recess Pods 3, 4, & 5		
12:10:00 PM	12:35:00 PM	Lunch /Recess	Recess Pods 3, 4 & 5			Lunch Pods 1 & 2		
12:38:00 PM	1:28:00 PM	Block5	plan ning	5	plannin g	6	8	7
1:31:00	2:20:00	Block6	7	6	5	8	Plannin g	Plannin g

Local restaurants are cooking and packaging individual meals for members of our community in need. Meal distribution begins on Tuesday February 2, 2021.

*Peterborough
Community
Meals To Go!*

FREE DRIVE-THRU MEALS



**Tuesdays and Thursdays, 5-6pm
First come, first served.**



**South Meadow School
Rear Upper Parking Lot
108 Hancock Road
Peterborough, NH**

**No sign-ups.
Masks required for safety.**

Sponsor:



A collaboration to feed our community and support our restaurants during Covid.

Partners: Peterborough Fire and Rescue Association, Cornucopia Project, Peterborough Food Pantry, The River Center, ConVal School District, the Town of Peterborough, local churches and restaurants.

**Questions: community@peterboroughnh.gov
More Information: <http://bit.ly/PboroMealsToGo>**



AVENUE A

TEEN + COMMUNITY CENTER



APRIL SCHEDULE

A PROGRAM OF THE GRAPEVINE FAMILY & COMMUNITY RESOURCE CENTER

MANGA ART

TUES | 4-5:30 PM | GRADES 7-12

Manga, Anime, & Comic art enthusiasts unite! Practice your skills & show off your work. Led by Shayna, our Manga expert. **Meets in-person @ Avenue A.***

CREATIVE WRITING

TUES | GRADES 9-10, 6-7 PM
GRADES 11-12, 7:05-8PM

An evening of writing & feedback...Open to poets, lyricists, fiction writers., & people who write on napkins. Facilitated by Adam Arnone! **Meets virtually.**

TALKING ABOUT MUSIC

TUES | 8-8:30 PM | GRADES 9-12

Trade song recommendations, talk about favorite artists, & discuss music/songwriting with recording artist Adam Arnone. **Meets virtually.**

AVENUE A CLUB

WED | 2:30-4 PM | Starting March 31!

After-school fun, games, activities, & time to be together with friends!
Meets in-person @ The Grapevine Lawn.*

ART!

WED | 4:30-6 PM | GRADES 7-12

Creative, hands-on art projects with visual artist Marcy Pope! We create art exhibits and do community service art activities for our community! **Meets in-person @ Avenue A.***

POOL GROUP

WED | 6:30-8:30 PM | GRADES 9-12

Come play pool with us. Practice your skills, and hang out with others!
Meets in-person @ Avenue A.*

CAMPFIRE TIME

FRI | 4:30-6 PM | GRADES 9-12

Small group, socially distanced time to connect around the campfire (with cocoa)!
Meets in-person @ The Grapevine Lawn.*

COMING UP...

ART @ THE AVENUE - WATERCOLOR WORKSHOP

THURS | APRIL 8 | 6-7:30PM | GRADES 7-12

Local artist, Jennifer Murdough, is visiting to teach us watercolor art techniques in this fun, relaxed workshop! Come create with us! All materials are provided.

Meets in-person @ Avenue A*

REGISTRATION IS REQUIRED FOR OUR PROGRAMS. TO REGISTER PLEASE EMAIL US.

***PLEASE READ OUR COVID-19 PROTOCOLS & EXPECTATIONS FORM AT AVENUEATC.ORG
BEFORE REGISTERING FOR IN-PERSON PROGRAMS.**

DONATIONS SUPPORT AVENUE A! IF YOU'RE ABLE TO MAKE A DONATION, WE WILL GRATEFULLY ACCEPT IT.

AVENUEATC.ORG | AVENUEA@GRAPEVINENH.ORG | 42 MAIN STREET, ANTRIM



AVENUE A

TEEN + COMMUNITY CENTER

WOODWORKING & CARPENTRY CREW

THURSDAYS | 3-5PM | STARTING APRIL 15!
OPEN TO TEENS IN 9-12TH GRADE.

LEARN NEW SKILLS & HELP BUILD THINGS FOR AVENUE A & OUR COMMUNITY.
WE MEET OUTDOORS AT THE GRAPEVINE'S TOOL SHED DECK IN ANTRIM!
REGISTRATION REQUIRED. EMAIL US AT AVENUEA@GRAPEVINENH.ORG TO REGISTER.

AVENUE A

TEEN + COMMUNITY CENTER

middle school
community service day

FRIDAY | APRIL 16TH | 2-4PM | OPEN TO 5TH-8TH GRADERS

MEETING AT THE GRAPEVINE | 4 AIKEN ST | ANTRIM
RAINDATE: FRIDAY, APRIL 23RD, 2-4PM

We're helping our neighbors at Antrim Village by picking up branches and raking leaves off of their walking path!

Join us for this fun afternoon of helping our community!

REGISTRATION REQUIRED! EMAIL AVENUEA@GRAPEVINENH.ORG TO SIGN UP.

AVENUE A TEEN + COMMUNITY CENTER

We have a special survey for teens!

We are working on a 3-5 year strategic plan for Avenue A! As part of this initiative, we've created a survey for teens to collect their input & help us imagine Avenue A's future!

We hope to hear from as many middle & high school students (or recent grads!) in our region as possible... Teens who take the survey will be entered to win a Visa gift card!

Please help us spread the word by sharing this survey with teens that you know!

You can copy & paste this survey link or click on the survey button below:

<https://forms.gle/6GK4w7BWjxih59Lx6>

ConVal School District 2021-2022 Calendar

180 Student School Days
187 Teacher/SSP/Para Days
197 New Prof. Staff Days
188 New Paraprofessional Days

Approved: March 2, 2021
Revised:
Revised:
Revised:

EVENTS

EVENTS

August (1 school days)

2-13: New Professional Staff Days (New paras will attend only 1 of these days)

26-27: All Staff Prof. Dev. Day

30: Para Prof Dev Day & Tchr/SSP Classroom Prep. Day

31: First Day of Classes

September (21 school days)

6: Labor Day

October (20 school days)

11: All Staff Prof. Dev Day (No Classes)

November (17 school days)

2: Parent/Teacher/SSP Conferences – No School

11: Veterans Day

24-26: Thanksgiving Recess

December (16 school days)

23-31: Holiday Recess

January (20 school days)

17: ML King, Jr. Holiday

AUG						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
9	30	31				

FEB						
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27	28					

SEPT						
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27	28	29	30	31		

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31						

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February (15 school days)

21-25: Winter Recess

March (21 school days)

7-8: All Staff Prof. Dev. Days (No Classes)

April (16 school days)

25-29: Spring Recess

May (21 school days)

30: Memorial Day Holiday

June (12 school days)

16: Last Day of classes (Half-Day Early Dismissal)

17-30: Potential Make-Up Days

Key

Student School Days (180)
New Staff Professional Development (PD) Days
Para PD Day & Tchr/SSP Classroom Prep. Day
Professional Development (PD) Day – No School
First & Last Day of School
Holidays
Parent/Teacher/SSP Conferences – No School
Potential Make-Up Days

Employment Opportunities

School Bus Drivers are needed!! If you are looking to earn extra money while spending time with your children, including having the same days off work as they do in school; then this is the perfect job for you!

Contact Amy Wing at 924-9211 or email at awing@ridesta.com to request an application or additional information.

Substitute teachers are in high demand! Have you ever thought about substitute teaching? We'd love to have you come sub at GBS! You can apply online here: <https://www.applitrack.com/cvsd/onlineapp/default.aspx?Category=Substitute#>

Tuesday
7 pm - 8 pm

January 5
HOW PLAYFULNESS CAN HELP US USE CHANGE TO OUR ADVANTAGE

To help parents be and reinforce resilience during unpredictable times and to make learning fun and engaging during the periods of school shutdown and beyond.

February 9
IS MY TWEEN/TEEN NORMAL?

Join parent educators Bonnie Harris and The Grapevine's Carol Lunan for a conversation on what is "normal" for teens/tweens, how to handle the challenges of their attitudes and behavior, and how to recognize when they need more help and support.

March 2
GRANDPARENTING WITHOUT GUILT

Discussion for grandparents and kinship families currently actively participating in the upbringing of children who would like advice and partnership from families in a similar situation.

April 13
LET'S GET OUTSIDE

Join Community Program director and Naturalist, Susie Spikol, from The Harris Center for a community conversation on getting your family up, motivated and outside to explore and discover the gifts of our amazing region, its trails, ponds, flora and fauna.

May 4
TALKING TO YOUR KIDS ABOUT SUBSTANCE USE

Clinicians from Monadnock Family Services and Reality Check will be on hand to discuss and give guidance on talking to your kids about substance use while continuing to build connection with them.

June 1
HEALTHY EATING TIPS AND TRICKS

Parents and their children will learn the importance of good nutrition to growth and development as well as how to get their kids to accept and eat lots of different colors, textures and varieties.

TUESDAY TOPICS

Monthly panel discussions and presentations by local experts on a variety of topics.

Currently being held online via Zoom.

Scan here! 



Visit our [website](https://rivercenter.us) or call 924-6800 for more information

These are not school-sponsored programs

The River Center | 9 Vose Farm, Suite 115 | Peterborough, NH | (603)924-6800 | <https://rivercenter.us>