



Puma Press

by: Zoey Lazzaro, and Alex Cummings

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Dropped Block Added Learning

by Alex Cummings

As everybody has already noticed, SMS is running on a new schedule for this year. Love it or hate it, this article will highlight the reasons for the switch in the schedule and might even convince some why this schedule change is for the better. Obviously, the schedule change was put into effect this year, but the decision to change the schedule was made sometime in June of 2019. Creating the new schedule was no easy task, and it took over a year to finalize the switch. First the Scheduling Committee talked with staff to see what they wanted in a new schedule. In addition, they did research to see which kind of schedule would be best for students academically, socially and emotionally. They created different versions of the schedule and looked at other schools' schedules to learn from them. After developing one schedule, they then took it back to the staff and made adjustments based on feedback. Once the majority of the staff agreed on a schedule, they decided to put it into effect. The schedule was designed to give teachers (mainly those teaching LA and math) extra time in the classroom. However, it also to benefits students by giving them more hands on time in the classroom without dropping any specials, something important to the SMS curriculum. In addition more hands on learning time means students have less homework because the work can get done in school. Although so far the schedule seems to be going well, the committee still needs more time to look at the schedule in its entirety to see how things are going. In fact the committee still plans to review the schedule in about a year or so to see how things are running in the classrooms and if it had the anticipated positive effect or if more changes need to be made in order for the day to run smoother. Overall, the schedule change was designed to benefit each student and teacher at SMS and will hopefully continue to benefit them in the future.



New Staff Of SMS



Girls Soccer Team

by Zoey Lazzaro

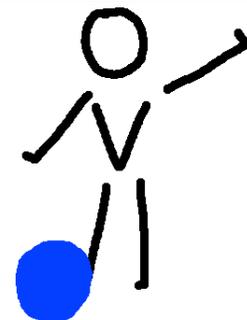
The soccer tryouts were on the first two days of school, and for the boys I am pretty sure there were three tryout days. We have two goalies, a lot of mid-fielders, and a decent amount of defenders. At tryouts, we did drills, and a scrimmage at the end. At the end of the second tryout day you are worrying about if you made the team or not. At the end of the tryout you get a number. The next morning there is a list in the locker room of the numbers, and if your number is on the list that means you made the team.

That day we had practice to get ready for the soccer game against Great Brook. We always play GBS for our first game, but the game does not count for league play. Then a week after that we had our first league game against Bow. We lost to Bow, Weare, and Hopkinton. We won against Litchfield, who beat us 15-2 the previous season. We won 1-0 to Litchfield, because we scored on a penalty kick. The game against Raymond we lost 3-0. When we played Keene this reporter had a hat-trick which means that she got three goals. We tied against Keene 3-3, with Keene scoring a tying goal in the last second. This game did not count for league play, though.

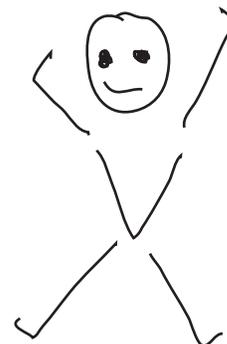
When we have practices we do two laps around the soccer field. Then we stretch a little, do fifty toe touches, fifty side to sides, fifty roll backs, and fifty roll forwards. Passing is another thing we always do, but for everything else it is different.

We warm-up before a game by doing a half lap around the field, stretching, passing back and forth. There is this one drill where you have two lines facing each other, and you pass to the other line, and they pass back to the person behind you. Then the mid-fielders and strikers go close to the half field line, and they do wall passing with the coach. There are two lines, one for shooting lefty, and one for shooting righty. What wall passing is, is where you pass the ball to the coach, who is standing at the top of the eighteen yard box. Then they will pass the ball to the side of them, and you run on to it, and shoot. Once the refs blow the whistle, it is time to start the game. The captains will go up to the refs and shake hands with the other teams' captains. Usually the refs will call up the captains about five minutes till game time. While the captains go to the half line, we go to the bench. Then we learn the starting line up, and we talk about what we are going to do in the game.

This is all I have about the girls soccer team. Now I will list the coaches. I thank the coaches for putting in their own time to coach us.



Coaches:
Mike Lazzaro
and
Tina Burgess



Go
PUMAS!!

7th Grade Science Field Trip

by Zoey Lazzaro



On September 18th, the 7th grade went on a field trip to the Boston's Science Museum. We took three coach buses there, and back. On the way there we watched the new *Aladdin* movie, and I love that movie. It is one of my favorites. On the way back we watched *Frozen*, and the best part was that it was a sing along, and everyone was singing along with it. We finally got there, and Mrs. Norby told us that we were the only school there! Then another school came, but that is ok.

We had so much fun seeing everything. The main reason we went there was to see the Body Worlds Exhibit. Well, I thought seeing all the veins, muscles, and the nerves were really cool. But some of it I thought that we were not mature enough to see. It was really disturbing. Other than that it was interesting, and fun.

In the red wing there is the globe type of theater, and when you sit in it the movie plays all around you. Across from that there are globes of all the planets. It simulates a roller coaster ride and it flips you upside down, and twists you. You sit in this pod like thing, and it looked fun. In the red wing downstairs there are animals, mostly snakes. The red wing also had a cafe and a gift shop.

The wing next to the red wing was the green wing, and that had real stuffed animals on display. It had an activity where you could walk across a walkway, and it would track how many calories you burn when you walk. There was another walkway to see if you had either a low arch, neutral arch, or high arch. Another display was about the food you eat. You would choose food that you eat, and it would put the items on a plate and calculate the calories that were eaten.

The blue wing was by far the best wing out of all of them. There is a room that has a wheel-chair where you have to push down levers, and it makes you move. There are bumps that you have to go over, and you move the lever another way. This gives you a feel how a wheelchair works and how hard it is to maneuver in it. Another part of this room has a projector, say there were balls projected on the screen, and when you move the balls move, like you can move them apart. There was a rocket ship pod that you could go in and experience what an astronaut sees and does, and that was cool. There were model trains, and big parts of trains. There were illusions on the walls which I found very interesting. The room that had electricity in it was very fascinating. We were able to swing different heights of swings to see which

would go higher. There was a seesaw to show how to balance. In another spot there was a big slice of a huge tree so we could learn how to figure out how old a tree is. There were these animal skulls, and stuffed mammals like, lions, polar bears, bears, panthers, owls, etc.. There were also really, really cool rocks. At another part there was a huge dinosaur.

This is really all I have about the field trip. This was really fun, and if you are in 5th, or 6th grade, I would be looking forward to this trip.



FACS

by Zoey Lazzaro

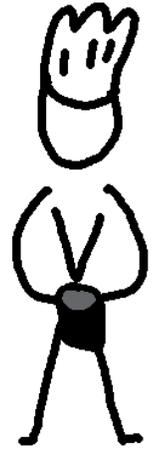
This is the first quarter, and in FACS we have already done a lot. On the first day we did a sheet that had us see what we know about the utensils. Then we went over all the answers, and then the next day or so we had a test on utensils. Then the next week we made grilled cheese. It was so good, but before that Mrs. Denslow taught us how to wash the dishes.

We did a worksheet on how to measure things; there are four quarts in a gallon. Then we did a Kahoot on measuring, but my Chromebook would not work. We made gallon bots; you will see them across from the FACS room. It is basically a robot that is separated by gallons, quarts, pints, and cups. There are five kitchens, but the kids in the demonstration kitchen have to share an oven with another kitchen, and that is alright.

On Friday the thirteenth we made egg in a basket. This has many different names, but basically you have a piece of bread, and you cut a circle or any shape into the middle of the slice of bread. After that you put it on a griddle or a pan, then you crack an egg into the middle, you can put the middle piece you cut out onto the griddle or pan. You can put cheese on it after you flip it, and you will know to flip it when the egg starts to turn white.

The week of the 16th we did measurements, and on Monday we did a bingo game, and you had to get the right measurements to put down the button on the bingo card. We were playing black out, and that is where you have to get the whole entire bingo sheet. The fun thing is at the end of this measuring unit you get to bake a chocolate cake!

The week of the twenty third we made American Chop Suey, and let me tell you that this is so good. All we use is sauce, hamburger, and noodles. Hopefully you will have FACS and get to make all of this goodness.



Ski Club

Sign up before
December 18th
Scholarships available

Robotics



Mrs. Norby's Science Class



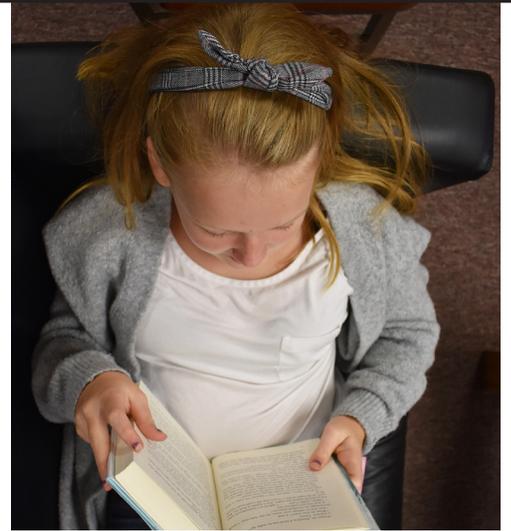
Drama Auditions
November 6th



Simple Machines



R
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Woodburning with Mrs. McLean



F
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S



Wirecast students getting ready for the good news



EHP
2nd Quarter
Applications
Due
October 25th

